

## SUNG MORNING PRAYER

### THE ANGELUS

*(Through the year except during Eastertide)*

**Officiant:** (✙) The Angel of the Lord announced to Mary

**Response:** And she conceived by the Holy Spirit.

**Officiant:** Hail Mary, full of grace, the Lord is with you. Blessèd are you among women, and blessèd is the fruit of your womb, Jesus.

**Response:** Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen.

**Officiant:** Behold the handmaid of the Lord;

**Response:** Be it unto me according to your word.

**Officiant:** Hail Mary, etc.

**Officiant:** And the Word was made flesh.

**Response:** And dwelled among us.

**Officiant:** Hail Mary, etc.

**Officiant:** Pray for us, O holy Mother of God.

**Response:** That we may be made worthy of the promises of Christ.

**Officiant:** Let us pray

Pour your grace into our hearts, O Lord, that we who have known the incarnation of your Son Jesus Christ, announced by an angel to the Virgin Mary, may by His cross (✙) and passion be brought to the glory of His resurrection; through Jesus Christ our Lord. *Amen.*

OR

### THE REGINA COELI

*(During Eastertide)*

**Officiant:**(✙) O Queen of heaven, be joyful; **All:** Alleluia.

For he who was born of your body; Alleluia.

Has arisen as he promised; Alleluia.

Pray for us to the Father; Alleluia.

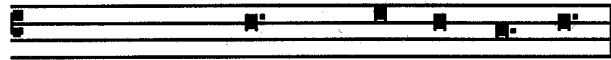
**Officiant:** Rejoice and be glad, O Virgin Mary, Alleluia.

**Response:** For the Lord is risen indeed, Alleluia.

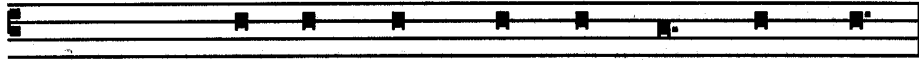
**Officiant:** Let us pray.

O God, who by the resurrection of your Son Jesus Christ gave gladness to the world: Grant, we pray, that we, aided by the prayers of the Virgin Mary his mother, may attain to the joys of everlasting life; (✙) through Jesus Christ our Lord. *Amen.*

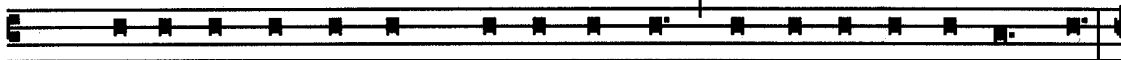
# THE INVITATORY



**Officiant:** Lord, (✠) o-pen our lips.



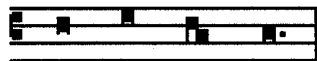
**Response:** And our mouth shall pro-claim your praise



**All:** Glo-ry to the Fa-ther, and to the Son, and to the Ho-ly Spi-rit:



as it was in the beginning, is now, and will be for ev-er. A-men.



[Al - le - lu - ia.]

[Omit in Lent]

## THE PROPER ANTIPHON

(During Easter omit Antiphon and go to Pascha Nostrum on next page)

(Cantor presents Antiphon; all join at double slash.)

*On the Twelve Days of Christmas*



A Al-le-lu-ia. To us a child is born: // Come let us a-dore him. Al- le- lu-ia  
*During Epiphanytide, Transfiguration, Holy Cross, and Annunciation*



B The Lord has shown forth his glo - ry: // Come let us a-dore him.

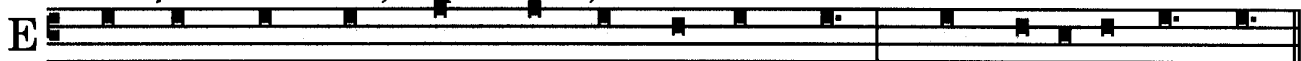
*For Sacred Heart*



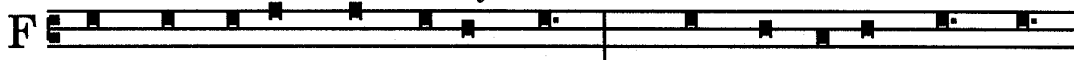
C The Lord is full of com-pas-sion and mer-cy: // Come let us a-dore him.  
*Trinity Sunday*



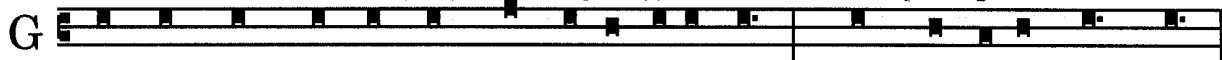
D Fa-ther, Son, and Ho-ly Spi - rit, one God: // Come let us a-dore him.  
*Feasts of the Incarnation, Corpus Christi, and Presentation*



E The Word was made flesh and dwelt a-mong us: // Come let us a-dore him.  
*All Saints' and Other Saints' Days*

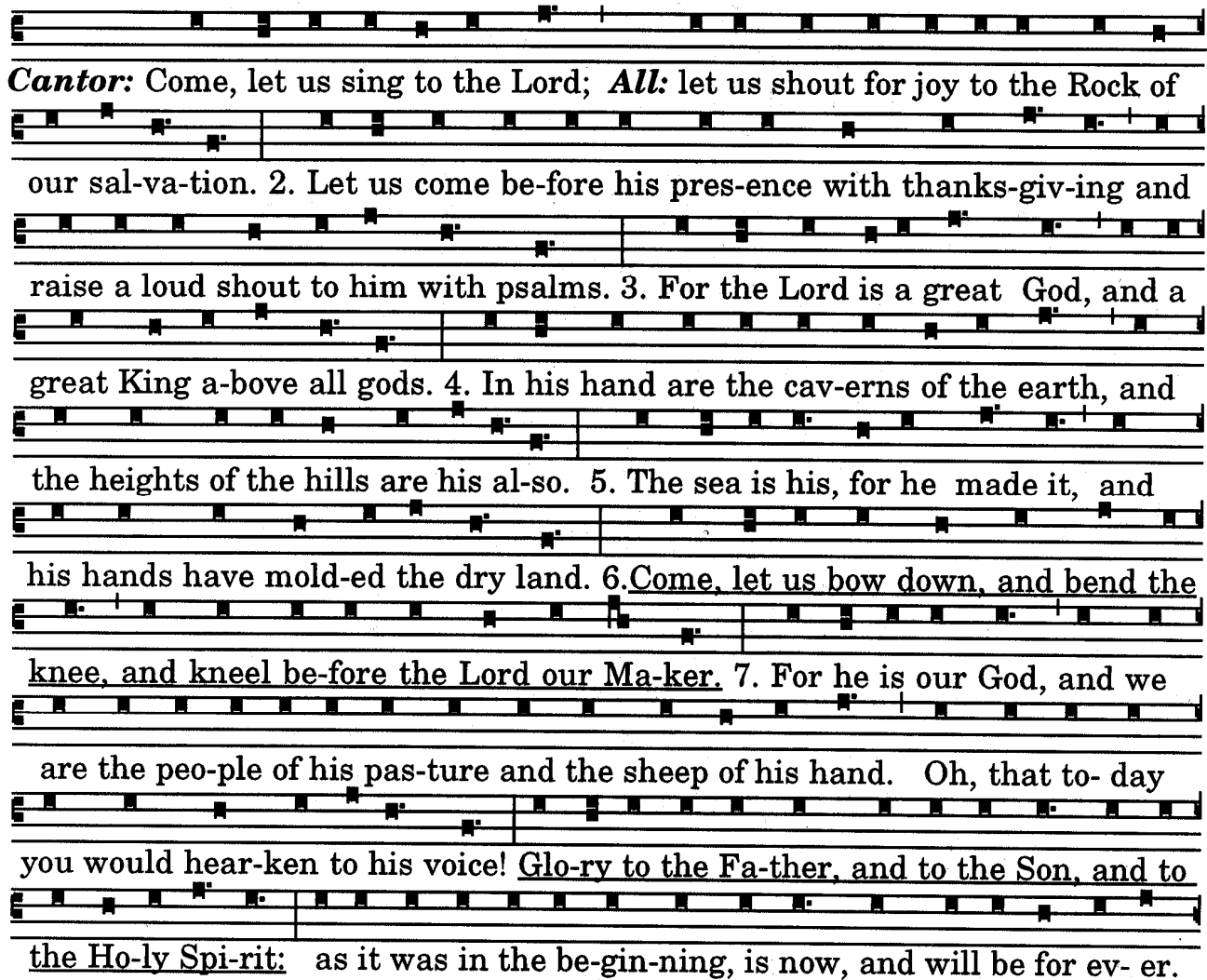


F The Lord is glo-rious in his saints: // Come let us a - dore him.  
*Saint Michael and All Angels, Founding Day, and Dedication of Chapel*



G Worship the Lord in the beau-ty of holiness // Come let us a- dore him.

## THE VENITE



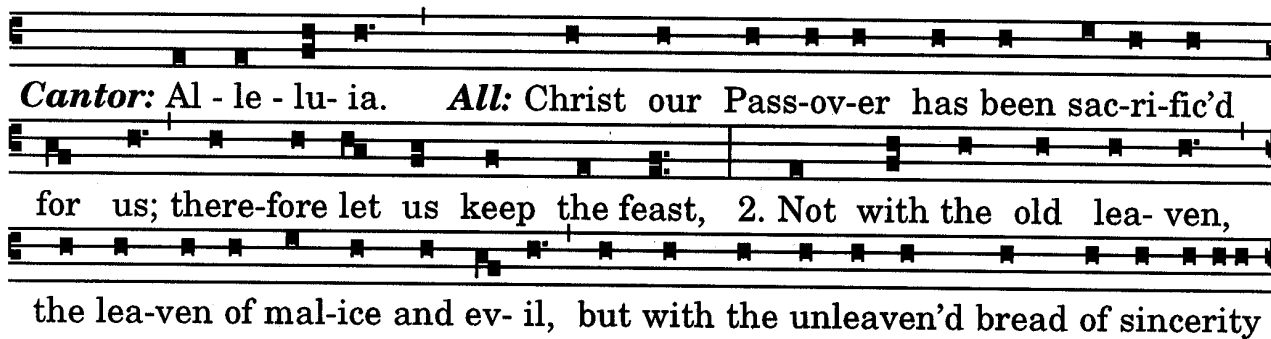
**Cantor:** Come, let us sing to the Lord; **All:** let us shout for joy to the Rock of our sal-va-tion. 2. Let us come be-fore his pres-ence with thanks-giv-ing and raise a loud shout to him with psalms. 3. For the Lord is a great God, and a great King a-bove all gods. 4. In his hand are the cav-erns of the earth, and the heights of the hills are his al-so. 5. The sea is his, for he made it, and his hands have mold-ed the dry land. 6. Come, let us bow down, and bend the knee, and kneel be-fore the Lord our Ma-ker. 7. For he is our God, and we are the peo-ple of his pas-ture and the sheep of his hand. Oh, that to-day you would hear-ken to his voice! Glo-ry to the Fa-ther, and to the Son, and to the Ho-ly Spi-rit: as it was in the be-gin-ning, is now, and will be for ev-er.

**THE PROPER ANTIPHON IS REPEATED HERE**

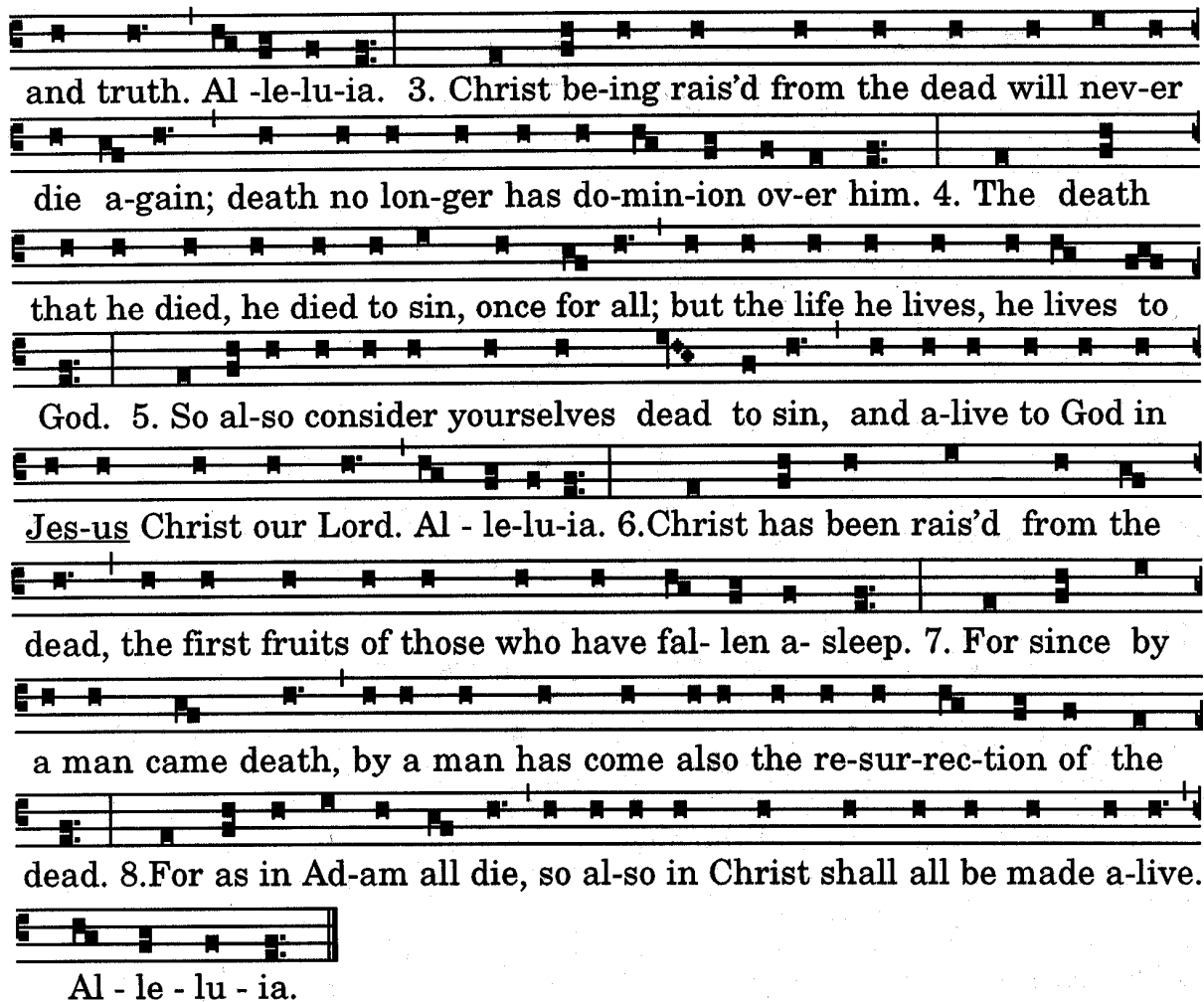
A - men.

## PASCHA NOSTRUM

*Replaces the Venite throughout Eastertide - No Antiphon*



**Cantor:** Al - le - lu - ia. **All:** Christ our Pass-ov-er has been sac-ri-fic'd for us; there-fore let us keep the feast, 2. Not with the old lea-ven, the lea-ven of mal-ice and ev- il, but with the unleaven'd bread of sincerity



and truth. Al -le-lu-ia. 3. Christ be-ing rais'd from the dead will nev-er die a-gain; death no lon-ger has do-min-ion ov-er him. 4. The death that he died, he died to sin, once for all; but the life he lives, he lives to God. 5. So al-so consider yourselves dead to sin, and a-live to God in Jes-us Christ our Lord. Al -le-lu-ia. 6. Christ has been rais'd from the dead, the first fruits of those who have fal-len a- sleep. 7. For since by a man came death, by a man has come also the re-sur-rec-tion of the dead. 8. For as in Ad-am all die, so al-so in Christ shall all be made a-live. Al - le - lu - ia.

## THE PSALMS APPOINTED

*(Be seated)*

*(The day's selection from the Psalter  
- at the back of this book - is chanted.)*

## THE FIRST READING

**Lector:** A Reading from \_\_\_\_\_.

*After the reading*

**Lector:** Here ends the Reading.

*(Silence is kept for a space)*

**THE FIRST CANTICLE**  
**You Are God (Te Deum)**

Sung Morning Prayer - A15

*Tone VI*

**Cantor:** You are God: we praise you; **All:** You are the Lord we ac-claim you;

You are the e-ter-nal Fa-ther: All cre-a-tion wor-ships you. To you all

angels, all the pow'rs of hea-ven, Cher-u-bim and Se-ra-phem, sing in end-

less praise: Ho-ly, holy, holy Lord, God of pow'r and might, heav'n and

earth are full of your glo-ry. The glo-rious com-pa-ny of a-pos-tles praise

you. The no-ble fel-low-ship of pro-phets praise you. The white-rob'd army

of mar-tyrs praise you. Throughout the world the holy Church acclaims

you; Father, of majesty unbounded, your true and only Son, worthy of all

worship, and the Holy Spirit, advocate and guide. **Cantor:** You, Christ, are

the king of glo-ry, **All:** the eternal Son of the Fa-ther. When you became

man to set us free you did not shun the Vir-gin's womb. You ov-er-came

the sting of death and open'd the kingdom of heaven to all be-lie-vers.

You are seat-ed at God's right hand in glory. We believe that you will come

and be our judge. **Cantor:** Come then, Lord, and help your peo-ple.

**All:** bought with the price of your own blood. And bring us with your saints

to glory ev-er-last-ing.

## THE SECOND READING

(Be seated)

**Lector:** A Reading from \_\_\_\_\_.

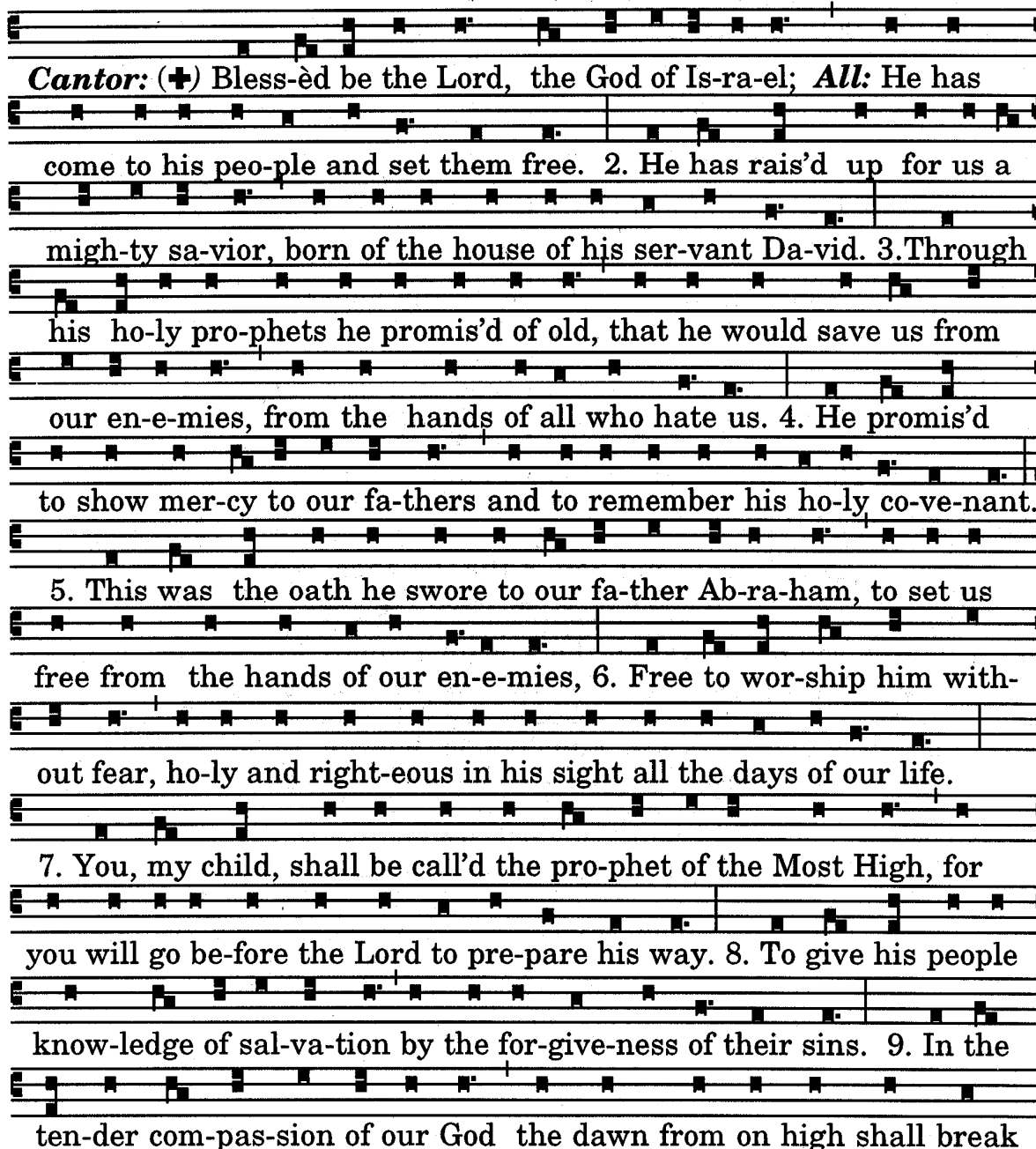
(After the Reading)

**Lector:** Here ends the Reading.

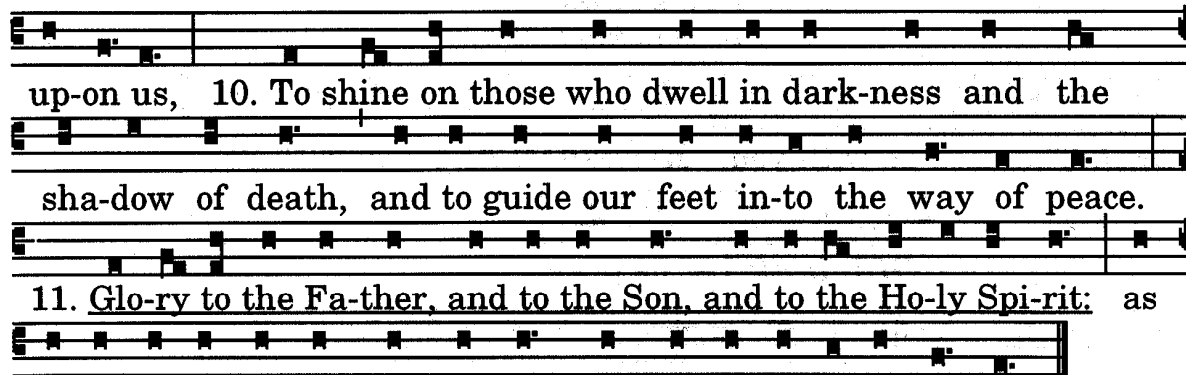
(Silence is kept for a space)

## THE SONG OF ZECHARIAH

(Stand)



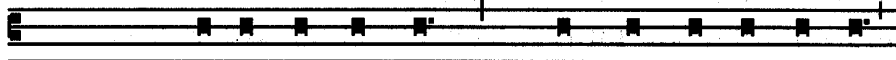
**Cantor:** (+) Bless-ed be the Lord, the God of Is-ra-el; **All:** He has  
come to his peo-ple and set them free. 2. He has rais'd up for us a  
migh-ty sa-rior, born of the house of his ser-vant Da-vid. 3. Through  
his ho-ly pro-phets he promis'd of old, that he would save us from  
our en-e-mies, from the hands of all who hate us. 4. He promis'd  
to show mer-cy to our fa-thers and to remember his ho-ly co-ve-nant.  
5. This was the oath he swore to our fa-ther Ab-ra-ham, to set us  
free from the hands of our en-e-mies, 6. Free to wor-ship him with-  
out fear, ho-ly and right-eous in his sight all the days of our life.  
7. You, my child, shall be call'd the pro-phet of the Most High, for  
you will go be-fore the Lord to pre-pare his way. 8. To give his people  
know-ledge of sal-va-tion by the for-give-ness of their sins. 9. In the  
ten-der com-pas-sion of our God the dawn from on high shall break



up-on us, 10. To shine on those who dwell in dark-ness and the  
 sha-dow of death, and to guide our feet in-to the way of peace.  
 11. Glo-ry to the Fa-ther, and to the Son, and to the Ho-ly Spi-rit: as  
 it was in the be-gin-ning, is now, and will be for ev-er. A-men.

## THE APOSTLES' CREED

*Stand*



**Officiant:** I believe in God, **All:** the Father Almighty,  
 creator of heaven and *earth*.

I believe in Jesus Christ, his only Son, our **Lord**.

He was conceiv'd by the power of the Holy  
*Spi-rit* and born of the Virgin Ma-ry.

He suffer'd under Pontius *Pi-late*, was crucifi'd,  
 died, and was *bu-ri'd*.

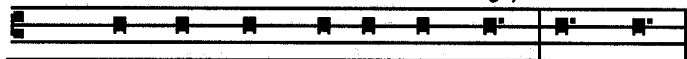
He descended to the *dead*.

On the third day he rose a-*gain*.

He ascended into hea-*ven*, and is seated at the right  
 hand of the *Fa-ther*.

He will come again to judge the living and the *dead*.

I believe in the Holy *Spi-rit*,  
 the holy catholic **Church**,  
 the communion of *saints*,  
 the forgiveness of *sins*,  
 the resurrection of the *bo-dy*,



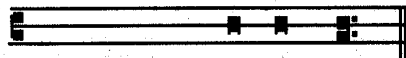
(+) and the life ev-er-last-*ing*. A - men.

# THE PRAYERS

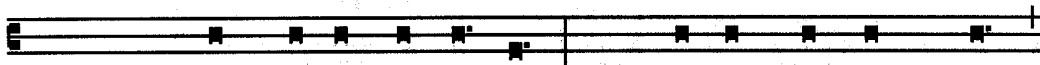
(Remain standing)



**Officiant:** The Lord be with you. **Response:** And also with you.



**Officiant:** Let us pray.



**Officiant:** Our Father in heaven, **All:** hallow'd be your *Name*,  
your kingdom *come*,

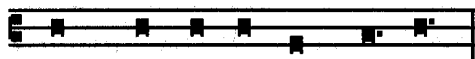
your will be done, on earth as in hea-*ven*.

Give us today our daily *bread*.

Forgive us our sins as we forgive those who sin against *us*.

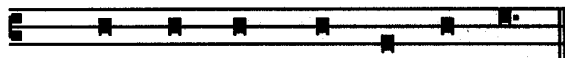
Save us from the time of trial and deliver us from *ev-il*.

For the kingdom, the power, and the glory are *yours*,

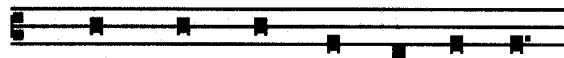


... now and for ev-er. A-men.

# THE SUFFRAGES



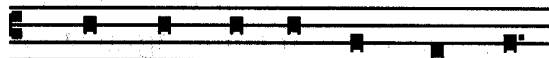
**V** Show us your mer-cy, O Lord;



**R** And grant us your sal-va-tion.



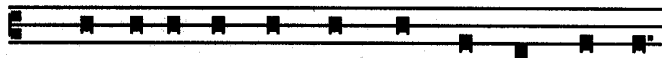
**V** Clothe your minis-ters with right-eous-ness.



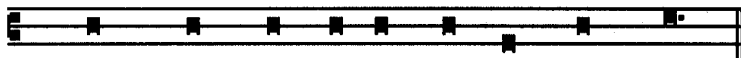
**R** Let your people sing with joy.



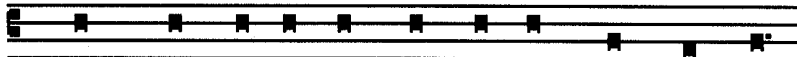
**V** Give peace, O Lord, in all the world.



**R** For only in you can we live in safe-ty.

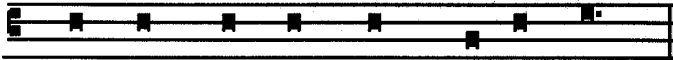


**V** Lord, keep this nation un-der your care;



**R** And guide us in the way of jus - tice and truth.





Let your way be known up-on earth;



Your saving health a-mong all na-tions.



Let not the needy, O Lord, be for-got-ten;



Nor the hope of the poor be ta-ken a-way.



Create in us clean hearts, O God;



And sustain us with your Ho-ly Spi-rit.



*Officiant:* Let us pray.

*The COLLECT FOR THE DAY is chanted,  
and these COLLECTS are added.*

Lord God, almighty and everlasting Father, you have brought us in safety to **this** new day: Preserve us with your mighty po-wer, that we may not fall into sin, nor be overcome by adversity; and in all we do, direct us to the fulfilling of your pur-**pose**; through **Jê-sus** Christ our Lord. **Amen.**

Almighty and everlasting God, by whose Spirit the whole body of your faithful people is go-**vêrn'd** and sanctifi'd: Receive our supplications and prayers which we offer before you for all members of your holy **Church**, that in their vocation and ministry they may truly and devoutly serve you; through our Lord and Savior **Jê-sus** Christ. **Amen.**

**Officiant:** Let us pray for the Julian Community.

## COMMUNITY INTERCESSIONS

*(Prayers are offered for all members of the Order, concluding with this prayer.)*

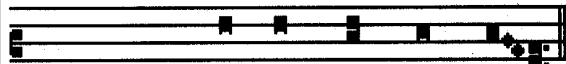
O Lord Jesus Christ, guide and sanctify our brothers and sisters whom you have called to follow you in poverty, chastity, obedience, and prayer in the spirit of Blessed Mother Julian; protect them from danger and want, and grant that by their prayer and service they may enrich your Church, and by their life and worship they may glorify your Name; for you reign with the Father and the Holy Spirit, one God, now and for ever. **Amen.**

## THE GRACE AND DISMISSAL

*(Remain kneeling)*

*One of the following is sung:*

*Throughout the year*



**Officiant:** Let us bless the Lord.



**Response:** Thanks be to God.

*Easter Vigil thru the Day of Pentecost*



**Officiant:** Let us bless the Lord.

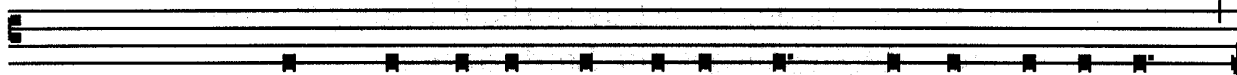


Al- le- lu- ia, Al - le - lu - ia.

**Response:** Thanks be to God.



Al- le- lu- ia, Al - le - lu - ia.



**Officiant:** (✙) The grace of our Lord Jesus Christ, and the love of God,



and the fellowship of the Holy Spirit, be with us all evermore.



**Response:** And with our absent brothers and sisters. A-men.

*Kneel until Officiant's signal,  
when all are free to leave individually.*